

# Smart watch

## User Manual



Technology inspires life

⚠ This product is not a medical device. The health data and suggestions provided are for reference only, not as a basis for diagnosis and treatment.

### Operation Guide

**Button:** Long press the switch ON/OFF, short press the screen to light the screen. Double press to switch the menu style, scroll the button to switch the menu, watch face.

**Touch instructions:** Tap to enter and swipe right to back; Slide down enter the status bar; slide left to enter favorite functions, add by user to tap the +, maximum add 5 functions, hold to enter the function; slide right to enter split screen.

### Watch face switch



**Watch face switch:** hold the home screen to change the different watch faces.

### Watch band

**Watch strap change:** Pull forward with one hand, push forward with the other hand at the same time, watch strap can be easily taken apart.

### Message settings

In WearFit Pro, Device- Notifications, select the Apps you want. Turn on the button.

### What if I don't get the notice?

1. First of all, the notification function of the watch is only to synchronize the notification function of the phone, such as incoming E-mail, WhatsApp, WeChat email reminder, if your phone has not received the notification, the watch terminal is also not received, to set the notification function in the phone, find the corresponding APP, open the allowed notification.

**Phonebook:** Sync all the contacts in the cellphone, maximum is 8 usual contacts.

**Language/Time/Date:** It will synchronize the date & time from the phone when Bluetooth is connected with App.

**Standby watch face:** There are some watch faces to choose from the standby interface, long press the screen for 3 seconds to switch the watch faces, you can download the watch face through the APP, or you can set your favorite photos or pictures as the watch face wallpaper.

**Status bar:** At standby swipe down to enter, it has Bluetooth, battery status, and Bluetooth audio, always-on screen switch, screen lock, ON/OFF, settings, do not disturb mode and other shortcut functions.

**Sleep monitor:** Sleep monitoring will be automatically active from 10:00pm to 8:00am the next morning. You can check the details of sleep quality with the WearFit2.0 app in the phone.

**Stopwatch:** Press the start and pause, again press for stop.

**Remote control music:** Play the music at phone side, control at the watch side.

**About:** Tap to enter, check device model, firmware version, Bluetooth address.

**Alarm:** Set several alarm clocks through the App in the phone.

**Sedentary Reminder:** You can set time to remind yourself stand up.

**Wrist bright screen:** Set it in the App, it takes more power consumption when it is on.

Thank you for choosing our product!

To have a comprehensive understanding and using this device, to know all the features and simple operation method, please read this manual first.

This device is mainly adapted to use with phone via Bluetooth connection, offering a variety of practical function and service, in order to convenient for your phone, and developed a lot of function of the human activities and health, the device of medical apparatus and instruments, measurement data and results are for reference only, not taken as the basis of diagnosis or treatment. If we have updates, this manual will be subject to change without notice. Our company reserves the right of final interpretation.



**Charging instruction:** this product adopts magnetic force charging. Support within 5V mobile phone charger and computer USB interface. Put the charging point connect to the back of the device charging pins, it will charge automatically. It usually takes 2 hours to full charging.

⚠ Caution: Do not make the magnetic charging cable any 2 pins connect with conducting material at same time, it may cause short circuit.

2. Due to the lack of uniformity of Bluetooth protocol of various mobile phone brands, sometimes the Bluetooth connection between the mobile phone and the watch is not stable. You can turn off the Bluetooth of the mobile phone and reconnect it, or restore the watch to factory Settings.

3. Delete "WearFit Pro" and download it again. Note that all permissions should be opened during the installation process, and then the watch should be reconnected.

**Password lock:** The password lock will take effect after the screen is off for 5 seconds. Entering a 4-digit password will automatically turn on the password function. Turn off the switch when unlocked, and you can enter a new password. If you forget the original set password, enter 00000 Unlock directly.

**Notifications:** Slide up into the notification, notifications synchronous from phone, such as calls, WhatsApp, SMS, WeChat messages, when calls, messages coming, it will vibrate.

**Pedometer, Distance, Calorie:** Monitoring daily steps, mileage, calories. Reset at 0 o'clock each day. Support 7 days records data in the watch.

**Sports:** Multiple sports mode, select one to start, slide right to pause the exercise. It records duration, calorie consumption and heart rate etc.

### Warranty

- If it appears quality problems caused by manufacturing, materials, design within one year (since the day of purchase), we will offer free warranty for main part. We will offer free warranty for battery and adapter within 6 months. Premise is using normally and correctly.
- About the fault caused by the users' personal reasons, we don't offer free warranty, as follows:
  - Disassemble or reft the product;
  - Caused by immodesty drop;
  - All artificial damage or misuse (such as, make water into the host, the external force shatter, scratch damage of peripheral components, etc.), all these are beyond the scope of the warranty.
- When ask for free warranty, you must provide a warranty card with the seal of purchase place and purchase date.

### Remark

The product supports waterproof with IP68 level, it is available to wear it while wash hands, swim, in raining, etc.

⚠ This product has a built-in rechargeable lithium battery. Safety warnings for battery use: do not disassemble, strike, squeeze or put into fire; if it is severely swollen, do not continue to use it; do not place it in a high temperature environment; do not use the battery after it is immersed in water.

⚠ Do not use it when have a hot shower/bath or sauna, the vapors will get into the host, scratch damage of peripheral components. All these are beyond the scope of the warranty.

### Touch instructions



### Connection

Watch connects to Phone, download the App "WearFit Pro" in the Phone at very beginning, reference following 2 methods:

- IOS, Android/iOS Phone: Scan following QR code image by browsers or by any Scanner to Download "WearFit Pro".
- Android Phone: search and download "WearFit Pro" app from Google Play; IOS phone: search and download "WearFit Pro" app from Apps Store.

⚠ After installation, confirm the notifications and all others permission "WearFit Pro" asks are enabled, ensure phone Bluetooth is ON, and register account in the "WearFit Pro", fill in user information, Tap Device-Add device, search "Watch 7" to connect, also can scan the QR code in watch to connect. Some phones need turn on the GPS in the smart phone before linking.

### Main Features

**Firmware upgrade:** Under Bluetooth connected, in "WearFit Pro", Tap "Device" - "Firmware update", if there is new firmware available, click to update to the latest watch firmware version.

[Notice: If it is unsuccessful to upgrade, please wait for the watch run out battery and charge reboot the watch again.]

**Calling:** This device supports Bluetooth calls, under watch connects to the phone to make or receive calls. Click the Bluetooth 3.0 icon in the drop-down menu. When the icon is blue, the phone enters settings-Bluetooth-search for "Watch call" pairing. Bluetooth 3.0 can be turned off by clicking to enter low power consumption mode, which can extend the use time.

**Heart rate:** When this function is activated, the heart rate is being measured by the device scanning the surface capillary of the skin with green optical diodes. Please allow for about 2 seconds to start measuring and recording. Slide to other menus to stop measuring. Please refer to information about average heart rate, heart rate while exercising for your age group and gender online and/or ask your medical practitioner for advice.

[Please note: The device is not a medical device. Any values shown are for reference only.]

**Breath:** Calm down and take a deep breath for 1-2 minutes, which has a good effect on relieving stress. Long-term exercise can enhance cardiopulmonary function.

**Reset:** Recovery device.

- If you met problems during use, please contact the shop customer service which you bought from.
- Please make the final products as the standard.

Date of purchase	
IMEI code	
Buy store	
Customer signature	
Clerk Signature	
Shop stamp	